# Size guide

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger  $\,$ size for a looser fit. If your measurements for chest and waist correspond to two different suggested sizes, order the size indicated by your chest measurement.

### How to measure yourself







A. CHEST Wrap a tape measure evenly around the fullest part around the chest under your arms.

B. WAIST Wrap a measure tape around your natural waistline.

C. SHOULDER AND SLEEVE LENGTH
Measure from the lowest part of the neck, over the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

E.INSIDE OF LEG
Standing with your feet together, measure from the crotch all the way down to the floor. Don't forget to stand as straight as possible. You may have to ask a friend to help you.

## F. LENGTH The total length of your body.

Chest (cm) 105 119 127 135 Waist (cm) 93 107 115 123 Seat (cm) 82 84 86 88 90 92 82 84 86 88 90 92 94 96 Inside of leg (cm) Length (cm) 176 180 184 188 192 200

XL

XXL

3XL

4XL

MEN SIZE

XS

S

WOMEN								
SIZE	xs	s	М	L	XL	XXL	3XL	4XL
Chest (cm)	82	88	94	100	106	114	122	130
Waist (cm)	64	70	76	82	88	96	104	112
Seat (cm)	90	96	102	108	114	122	130	138
Shoulder+ Sleeve lenght (cm)	71	72,5	74	75,5	77	78,5	80	81,5
Inside of leg (cm)	79	80,5	82	83,5	85	86,5	88	89,5
Length (cm)	164	167	170	173	176	179	182	185

JUNIOR								
SIZE	74/80 -1 år	86/92 1-2 år	98/104 2-4år	110/116 4-6 år	122/128 6-8 år	134/140 8-10 år	146/152 10-12 år	158/164 12-14 år
Chest (cm)	51	54	56	58	64	70	76	82
Waist (cm)	49	51	53	55	58	62	65	69
Seat (cm)	51	55	59	63	69	75	81	87
Shoulder+ Sleeve lenght (cm)	32	37	43,5	47,5	51,5	57	62	68
Inside of leg (cm)	30	37	44	51	59	66	72	77
Length (cm)	80	92	104	116	128	140	152	164

GLOVES							
SIZE	xxs	xs	S	М	L	XL	XXL
Around palm	6-INCH	7-INCH	8-INCH	9-INCH	10-INCH	11-INCH	12-INCH

SOCKS					
UNISEX	34/36	37/39	40/42	43/45	46/48
JUNIOR	22-24	25-27	29-30	31-33	34-36

HATS		
SIZE	S/M	L/XL
Around head	54/56	58/60